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| Sunrise Notes Bullet  
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## **Review: Belly Book**

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to Expect When You're  
Expecting: Pregnancy Journal  
and Organizer Review~~  
Favorite Pregnancy Planner -  
Bump Planner by Breezy  
Organization [REVIEW]

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Pearhead My Pregnancy Journal PREGNANCY JOURNAL REVIEW | Pieces of Jayde PREGNANCY RECORD BOOK || PREGNANCY JOURNAL || PREGNANCY SCRAPBOOK My Pregnancy Journal

My Pregnancy Journal is a beautiful book designed to help expecting mothers celebrate and reflect on the exciting journey of pregnancy. It provides space to record special events and memories and store keepsakes gathered during this very special time. This elegant, functional journal actually consists of two fantastic products.

**My Pregnancy Journal: Lluch,**

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**Alex A. : 9781934386248 ...**

Record in detail the most extraordinary period of your life with My Pregnancy Journal. With annotated prompts for you to fill in for each week of your pregnancy, storage wallets and sealable envelopes for keeping precious mementos, and photo spaces for you to capture the changing shape of your body, this journal will be a life-long keepsake of all your special memories.

**My Pregnancy Journal:**

**MacKonochie, Alison:**

**9781846013379 ...**

My Pregnancy Journal by  
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## **My pregnancy journal | eBay**

Keeping a pregnancy journal is such a timeless yet simple way to cherish and memorialize every single moment of your pregnancy. Use your printable pregnancy journal to document all the feels, from the food aversions and crazy cravings, to noticing those

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first kicks and all the miraculous ways your body grows and changes.

## **Free Printable Pregnancy Journal Pages | Journals to**

...

Whether your pregnancy journal is digital or traditional, there will be significant items that you want to keep. Certain items, such as invitations to baby showers, congratulation cards, scraps of paper or napkins with scribbled down lists of possible baby names, and even the baby's name card, will have deep symbolic significance to you and your family, and are great things to preserve for

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years to come. [6]

## **How to Create a Pregnancy Journal (with Pictures) - wikiHow**

A pregnancy journal allows you to document even the smallest details to enhance your memories. In addition to all of the pregnancy-related memories, you'll also be able to document a glimpse of your pre-mom life. This can be beneficial for you after birth because many new moms tend to feel like they have lost their pre-parent self.

## **10 Best Pregnancy Journals (Cute Keepsake Journals)**

Capture every precious



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moment of your pregnancy with Pearhead's pregnancy memory journal Features 74 pages with guided sections to help you document every special moment of your pregnancy journey Pregnancy memory journal makes a the perfect gift for any expecting mom or timeless keepsake to cherish your memories forever

## **Pearhead Pregnancy Journal : Target**

I have (circle) lost/gained \_\_\_\_\_lbs and my belly measures: Gender: I am craving: Maternity clothes: My emotions are: I can't stand the sight of: I can't wait to: We like the names:

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My sleep patterns are:  
Movement: I miss: My skin  
is: I'm reading, watching,  
listening, etc.: This week  
baby is growing so fast! He  
or she began:

## **My Pregnancy Journal - Raising Sticky Hands To Heaven**

Things began to change in  
1973, when fetal alcohol  
syndrome, or F.A.S., was  
formally recognized after a  
seminal article was  
published in The Lancet, a  
medical journal. F.A.S. is a  
constellation of ...

## **Drinking While Pregnant: An Inconvenient Truth - The New**

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AFP Journal. Issues. ... and chorionic villus sampling are two tests that can be used to look for Down syndrome during the first half of your pregnancy. However, these tests can sometimes cause a ...

## **Down Syndrome: What You Need to Know When You're Pregnant**

...

Both a personal journal and a practical record, My Pregnancy Journal will become a precious keepsake of the months spent awaiting the arrival of your little bundle of joy. This beautiful journal begins with a section on Preparing for Pregnancy, full of

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advice on healthy eating and fitness.

## **My Pregnancy Journal:**

**9781841724362 -**

**Christianbook.com**

Waiting for Baby is a keepsake journal that records information about mom, dad and the family tree. That information coupled with the typical pregnancy journaling makes this a precious heirloom you can give to your child when they are older.

## **The Best 7 Pregnancy Journals for New Moms | Mother Rising**

Both a personal journal and a practical record, My

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Pregnancy Journal will become a precious keepsake of the months spent awaiting the arrival of your little bundle of joy. This beautiful journal begins with a section on Preparing for Pregnancy, full of advice on healthy eating and fitness.

## **My Pregnancy Journal by Ryland Peters & Small, Other**

...

It's only natural that an artist best known for her celebration of babies would create the perfect way to honor the joys and challenges of pregnancy. Anne Geddes' latest book, PURE: My Pregnancy Journal,

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makes the perfect gift for mothers-to-be. Adorned with the striking, trademark images from her recent triumph PURE, Anne's journal celebrates the miracle of life by marking the rites of passage that women experience over the course of their pregnancy.

## **My Pregnancy Journal:**

**Geddes, Anne: 9780740743924:**

**Amazon ...**

My Pregnancy Journal is a week-by-week diary that you can use to record everything from the first sight of your baby on an ultrasound scan, to the thrill of the first kick to swollen ankles and unusual food cravings.

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**My Pregnancy Journal: Ryland Peters & Small:**

**9781841724362 ...**

A pregnancy journal is a diary that you keep during the course of your pregnancy to detail your experiences, emotions, milestones, and memories. From the excitement leading up to your first...

## **8 Pregnancy Journals for Your 9-Month Journey and Beyond**

My Pregnancy Journal with Sophie la girafe® is the perfect place to record every important moment, from the first daydreams of motherhood to the day Baby

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finally comes home. A truly interactive keepsake, My Pregnancy Journal has a place for every milestone and change that comes with pregnancy, along with many unique special features:

## **My Pregnancy Journal with Sophie la girafe® (Sophie the ...**

Celebrate the ups and downs of your pregnancy with this interactive journal, which invites you to record in detail this most extraordinary period of your life.

## **My Pregnancy Journal by Alison MacKonochie, Hardcover ...**



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Things to track in your Pregnancy in your Bullet Journal. Why is tracking pregnancy milestones in your bullet journal awesome? You will have a stunning reminder of the time and even something you could save later for your baby! Some really lovely milestones you could track in your bullet journal include: Your first symptoms - like tender breasts, nausea and other great things that come with being a momma

Celebrate the ups and downs of your pregnancy with this

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interactive journal, which invites you to record in detail this most extraordinary period of your life. With annotated prompts for you to fill in for each week of your pregnancy, storage wallets and sealable envelopes for keeping precious momentos, and photo spaces for you to capture the changing shape of your body, this journal will be a life-long keepsake of all your special memories. Each chapter offers guidance on what to expect, notes on your baby's development during each trimester, and reminders on what you need to be planning, thinking about and preparing for.

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Whether you are a first-time mother or want to commemorate a new addition to the family, Alison Mackonochie (author of the award-winning *Emma's Diary*) ensures that you will be comfortable every step of the way.

"My Pregnancy Journal" is as much a practical record as a personal journal, so there are also pages to record important contact details, hospital visits and antenatal classes, plus lots of pointers on preparing for the new arrival, from healthy eating to decorating the nursery. Spiral-bound format for easy use.

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My Pregnancy Journal is a beautiful book designed to help expecting mothers celebrate and reflect on the exciting journey of pregnancy. It provides space to record special events and memories and store keepsakes gathered during this very special time. This elegant, functional journal actually consists of two fantastic products. First, it includes more than 100 guided pages for everything related to the pregnancy, from the moment a couple first decides to have a child, to bringing the baby home. It includes placeholders for photographs, shower

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invitations, and announcements. This book also includes a special front-cover window where a personal photo can be placed. Second, this book features 24 adorable photo frames in three different shapes and sizes. These can be placed on special pages throughout the book to display favorite pictures during the pregnancy. This keepsake is a wonderful gift for both first-time and experienced parents and is sure to elicit heartwarming memories for years to come.

My Pregnancy Journal: A Keepsake Book With Prompts You Can Record Your

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Pregnancy Memories, Perfect Gift For Special Mom Expecting A Baby This pregnancy planner / journal / diary is a perfect way to capture all your thoughts, feelings & each and every memory while you're on this journey. Each page is guided and has prompts that include: I'm Pregnant - How I found out, my reaction, due date. My Birth Plan Ideas - Type of birth, who I want to take part in the delivery room, what is most important to me. Pregnancy Tracker - 40 weeks tracker of how you're feeling. Appointment Tracker - Date, time address, purpose (doctor, prenatal classes).

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Baby Shopping List - Checklist of all the baby items you'll need. Weight Tracker - Track your weight weekly. Prenatal Visits Tracker - Blood pressure, weight, baby's heart rate, summary of visit. First, Second & Third Trimester Photos - A place to put your baby bump pics. First, Second & Third Trimester Journal Pages - How you felt, favorite memories & moments, symptoms & cravings, energy, mood, sleep, to do list. My Baby Shower - Place for photos, games played, on the menu, highlights & memories, Place for gifts, name address & thank you sent. Nursery

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Planner - Color scheme, things to buy, furniture, decorative ideas. Baby Name Ideas - Top 3 favorite girl & boy names & it's meanings, other possibilities.

Hospital Checklist - To pack your bag & take with you:

for me, for partner, for baby. Pregnancy Shopping

List - Baby clothing, supplies, medication, furniture, toys. Fetal

Movement Tracker - Daily track your baby's movement.

Week By Week Journal Pages - Weekly reflections, what I

want to remember most. what

I'm most excited about, what I'm most nervous about, baby

bump photo to see how much your belly has grown. Week



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By Week Dear Baby Journal Pages - What I want you to know. Ultrasound Photos - Photo, baby's length (inches long), weight, bpd, due date, notes. This is the most exciting and best experience of your life, whether you're a first time, new mom or this is not your first go around. You will want to write everything down in this notebook to look back on and always remember carrying your little one. Use it every day for writing your experiences. Also makes a great gift for moms. Keeping all your information in one spot has never been so easy. Make your memories last

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forever. This pregnancy journal will help you keep track of your own personal journey. Size is 8.5x11 inches, 100 pages, soft matte finish cover, white paper, paperback. Get one today!

Your pregnancy story is a special one. Document your most precious moments from this season of life in this elegant keepsake journal and memory book. Growing You is a place to celebrate and chronicle your pregnancy journey, reflecting on the growth, anticipation, and memories that you want to hold onto as a mother. This heirloom-quality book,

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created by the author of the popular baby book *As You Grow*, is designed with a timeless look and archival paper so that you can one day pass it along to your child. *Growing You* includes:

- Space to journal your feelings and experiences about pregnancy and your birth story
- A section to document your prenatal appointments and growth
- Writing prompts to record precious milestones such as baby showers and prepping your nursery
- Pages to document your baby's birth day
- Pocket folder for sonogram photos, letters from loved ones, and other mementos
- And more! Special

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Features: • Chic, gender-neutral design • Elegant linen cover • Acid-free and archival paper • Generous trim size offers ample space for photos • Lay-flat design created by a beautiful gold spiral binding allows you to easily write in the book

This journal will become a treasured place for every mother to record her special feelings, thoughts, and observations during pregnancy. "Thought starters" on every page and beautiful photographs throughout will help her express her love, hopes, and

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dreams for her baby-to-be. Best of all, her finished journal will be a treasured keepsake she will be thrilled to share with her child.

Anne Geddes's "technically and aesthetically exquisite photographs [are] imbued with grace and hope."

--Library Journal Now Anne Geddes's critically acclaimed Pure is available in a new size. Similar in scale to the reissues of Anne Geddes' Down in the Garden and Until Now, Pure is now available in three formats--the original hard- and soft-cover editions and this elegantly giftable 5" x

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6" trim size. Four years in the making, Anne Geddes' Pure offers breathtaking images that intimately evoke the wonder of the first precious days and weeks of life. With eyes tightly shut, in wrinkly new skin, and unaffected by the world around them, newborns are captured in their purest form as Geddes' explains, "to emphasize the fact that they are vulnerable, fragile, and very precious human beings." "Real women in the full bloom of pregnancy radiate serenity and promise. Mothers enfold babies in their arms--highlighting the beautiful bond between them

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and revealing our shared humanity."

A 9-month journal by Amy K.  
96 two-color pages  
w/concealed wire-o binding.

This pregnancy journal is a perfect way to capture all your thoughts, feelings & each and every memory while you're on this journey. Each page is guided and has prompts that include: I'm Pregnant - How I found out, my reaction, due date. My Birth Plan Ideas - Type of birth, who I want to take part in the delivery room, what is most important to me. Pregnancy Tracker - 40 weeks tracker of how you're

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feeling. Appointment Tracker - Date, time address, purpose (doctor, prenatal classes). Baby Shopping List - Checklist of all the baby items you'll need. Weight Tracker - Track your weight weekly. Prenatal Visits Tracker - Blood pressure, weight, baby's heart rate, summary of visit. First, Second & Third Trimester Photos - A place to put your baby bump pics. First, Second & Third Trimester Journal Pages - How you felt, favorite memories & moments, symptoms & cravings, energy, mood, sleep, to do list. My Baby Shower - Place for photos, games played, on the menu,



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highlights & memories, Place for gifts, name address & thank you sent. Nursery Planner - Color scheme, things to buy, furniture, decorative ideas. Baby Name Ideas - Top 3 favorite girl & boy names & it's meanings, other possibilities.

Hospital Checklist - To pack your bag & take with you: for me, for partner, for baby. Pregnancy Shopping List - Baby clothing, supplies, medication, furniture, toys. Fetal Movement Tracker - Daily track your baby's movement. Week By Week Journal Pages - Weekly reflections, what I want to remember most, what I'm most excited about, what

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I'm most nervous about, baby bump photo to see how much your belly has grown. Week By Week Dear Baby Journal Pages - What I want you to know. Ultrasound Photos - Photo, baby's length (inches long), weight, bpd, due date, notes. This is the most exciting and best experience of your life, whether you're a first time, new mom or this is not your first go around. You will want to write everything down in this notebook to look back on and always remember carrying your little one. Use it every day for writing your experiences. Also makes a great gift for moms. Keeping

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all your information in one spot has never been so easy. Make your memories last forever. This pregnancy journal will help you keep track of your own personal journey. Size is 8.5x11 inches, 104 pages, soft matte finish cover, white paper, paperback. Get one today

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